



BULLETIN:
**Child and Adult Care Food
Program**

**Child Care Centers &
Day Care Homes**
www.eed.state.ak.us/tls/cns

Child Nutrition Services
Teaching and Learning Support
801 West 10th Street, Suite 200
P.O. Box 110500
Juneau, Alaska 99811-0500
Phone: (907) 465-8711
Fax: (907) 465-8910
Email: annmarie.martin@alaska.gov

To: CACFP Sponsors
CACFP Program Reviewers

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From: Ann-Marie Martin
CACFP Program Specialist

Program changes as a result of USDA Policy Memos and Technical Assistance Memos are to be implemented immediately. Please file this bulletin for reference, guidance and compliance with the Child and Adult Care Food Program. Feel free to call the Child Nutrition Services office if you need further clarification.

Bulletin Topics

1. Wellness in Alaska Child Care Training in Juneau, Anchorage and Fairbanks - FREE
2. Mealtime Memo No. 1, 2011: The Picky Eater

1. Wellness in Alaska Child Care Training in Juneau, Anchorage and Fairbanks - FREE

The State of Alaska was one of 14 states to receive a CACFP Child Care Health & Wellness Grant. The name of the Alaska project is Wellness in Alaska Child Care (WIACC). This project will allow the state agency to offer assistance in the form of training, follow-up mini grants, on-line forum with participants, and start the discussion on aligning with the USDA Dietary Guidelines. The project has the goal of ensuring that classroom education, the classroom environment, and staff behavior all promote and reinforce habits of healthy eating and physical activity among children in the childcare setting.

The WIACC project has many facets, with the first being a seven hour training with two focus areas: Physical Activity and Nutrition. Diane Craft, PhD and author of *Active Play!* will lead discussion and activities for a half-day session. A representative of the National Food Service Management Institute (NFSMI) will showcase two resources, *More than Mud Pies*, and *Happy Mealtimes for Healthy Kids* with interactive discussions and activities. The training takes place in Juneau on April 11th, Anchorage on April 12th, and Fairbanks on April 14th with financial assistance for travel, within attendee's geographical area, for those that apply through the scholarship process.

After the training, the CACFP training participants will have the opportunity to apply for mini-grants from the Department of Education & Early Development for program supplies to implement training in their classrooms. Mini-grantees will receive funds for their centers, with funding amount dependent on size of center.

Grantees will have the opportunity to share their progress throughout the year and have communication with the trainers, other attendees, and visiting specialists through an on-line blog.

Training is available to all CACFP child care centers and staff of sponsoring organizations of family day care homes. There is limited space for the trainings so register soon. We will start with one attendee per center or sponsoring organization and if room, will allow multiple attendees. After February 28th we will begin enrolling non-CACFP child care centers for the training, so make sure you register as soon as possible.

See flyer and registration sheet for more information. Contact Hannah Barril, Education Program Assistant if you need assistance. Hannah.barril@alaska.gov

2. Mealtime Memos: No. 1, 2011 *The Picky Eater*

Mealtime Memo for Child Care is issued by the National Food Service Management Institute (NFSI). These issues give helpful information, along with recipes and menus. You can access all the Mealtime Memos at the NFSMI website: <http://www.nfsmi.org>.

Contact Information

Ann-Marie Martin, Program Specialist
(907) 465-8711 fax (907) 465-8910
annmarie.martin@alaska.gov

Hannah Barril, Education Assistant
(907) 465-4969 fax (907) 465-8910
hannah.barril@alaska.gov

Commonly Used Acronyms

CACFP – Child and Adult Care Food Program
CNS – Child Nutrition Services
FNS – Food & Nutrition Services
FNSRO-Food & Nutrition Services Regional
Office
USDA – U.S. Department of Agriculture
CNP – Child Nutrition Program
DEC – Department of Conservation
LEA – Local Education Authority

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