

INSIDE EACH KIT:

- Activity Plan
- Picture Cards
- Teacher Bites Newsletter
- Family Newsletter in three languages
- Recipes



BEETS
ACTIVITY PLAN

HARVEST for HEALTHY KIDS
Red • Orange • Golden • Purple

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ASPARAGUS
ACTIVITY PLAN

HARVEST for HEALTHY KIDS

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WINTER SQUASH
ACTIVITY PLAN

HARVEST for HEALTHY KIDS
Butternut • Spaghetti • Delicata • Kabocha • Wartyface

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POTATOES & SWEET POTATOES
ACTIVITY PLAN

HARVEST for HEALTHY KIDS
Russet • White • Sweet Potatoes • Yukon Gold • Red Potatoes • Orange Sweet Potatoes

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CABBAGE
ACTIVITY PLAN

HARVEST for HEALTHY KIDS
Green • Red • Napa • Savoy

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BERRIES
ACTIVITY PLAN

HARVEST for HEALTHY KIDS

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WINTER ROOT VEGETABLES
ACTIVITY PLAN

HARVEST for HEALTHY KIDS
Rutabaga • Turnip • Parsnip

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CARROTS
ACTIVITY PLAN

HARVEST for HEALTHY KIDS

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BEANS
ACTIVITY PLAN

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APPLES
ACTIVITY PLAN

HARVEST for HEALTHY KIDS

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